

We cannot get into heaven without sanctifying grace. The seven sacraments are the channels of grace. In the chart below, read how the sacrament helps us receive this grace. Then identify the sacrament which is being described. Then name the minister, matter and form for each sacrament.

Sacrament	Description	Category	Minister	Matter	Form
Baptism	Sanctifying grace is first infused into the soul; the door is opened to all other sacraments; makes us members of the Church	Sacrament of INITIATION	One who has received Holy Orders (deacon, priest, or bishop)	Water	"I baptize you in the name of the Father, and of the Son, and of the Holy Spirit"
Confirmation	This is a completion of initiation; grace is poured into the soul so that one can live as a Christian witness through the Holy Spirit	Sacrament of INITIATION	Bishop	Laying on of hands; chrism oil	"Be sealed with the Gift of the Holy Spirit"
Eucharist	This sacrament contains Christ, the source of all grace, substantially present. It is food for the soul. It strengthens us. It intimately unites us with God himself.	Sacrament of INITIATION	Priest	Bread and wine	"This is my Body" "This is the chalice of my Blood"
Penance	Grace, which was lost as a result of mortal sins committed after our Baptism, is restored to our soul.	Sacrament of HEALING	Priest	Confession of sins	Prayer of absolution the priest says (begins with "I absolve you from your sins . . .")
Anointing of the Sick	This sacrament gives the strength and grace we need to live (and suffer) according to God's will. It also gives us the grace to unify us forever with God in heaven.	Sacrament of HEALING	Priest	Oil of the sick	Prayer the priest says
Holy Orders	This sacrament configures a man to Christ and gives him the power to continue the apostolic ministry as a bishop, priest, or deacon.	Sacrament of SERVICE	Bishop	Laying on of hands	Words of the ordination prayer
Matrimony	This sacrament unites a man and a woman together in a relationship, which witnesses Christ's love for the Church – it is life-giving. The spouses become ministers of grace for one another.	Sacrament of SERVICE	The spouses	Baptized man & baptized woman	Vows